



Accessing Psychiatric Advice



For urgent, acute psychiatric crisis assessment contact NECMHS Triage 9450 9000

	North East Primary Mental Health Team	Access to Psych Support (non-urgent advice)	Patient Helplines
Requirements	GP Enquiries Only No patient self referrals GPs in Banyule and Nilumbik	Available to all GPs	If your patient urgently needs to speak to someone and you are unable to see them they can call
Contacts	PMHT Duty Worker 0438 433 442	Phone: 1800 200 588 Fax: (02) 9425 3879 Email: http://www.psychsupport.com.au/ (A secure and password protected website – to access this email service call 1800 026 965)	Lifeline 131 114 24 hours a day 7 days/week Kids Helpline 1800 55 1800 (Children and young people from 5-18years) 24 hours a day 7 days/week.
Service	Operates: Mon to Fri 9am-5pm Includes: Consultant Psychiatrist, Clinical Psychologists & Social Workers Provides assessment & referral advice For patients through lifespan (including young people aged 16-25 with early psychosis & people with eating disorders)	Operates: 24 hours a day, 7 days a week Provides psychiatric patient management advice within 24 hours from psychiatrists with an understanding of general practice For non-urgent psychiatric advice	SANE Australia Helpline 1800 18 Monday to Friday 9:00am-5:00pm EST. Free & confidential Service
Cost	No cost to GP	No cost to GP	No cost to Patients