

THE ABBREVIATED MENTAL TEST (AMT)

- (1) What is your present age (+ - 1 year)? _____
 - (2) What is the time just now (+ - 1 hour)? _____
 - (3) What year is it? _____
 - (4) What is the name of this place? _____
- Please memorise the following address -
42 West Street
- (5) What is your birthday (date and month)? _____
 - (6) When did the First World War begin? _____
 - (7) What is the Queen's name? _____
 - (8) Can you recognisetwo people? _____
 - (9) Please count from 20 backwards to 1 _____
 - (10) Can you remember the address which I gave you? _____

Score 1 for correct answer and 0 for incorrect answer.
Maximum possible score = 10

(Ref. Hodkinson HM. Age and Ageing 1972; 1 : 233 - 8)

THE SHORT ZUNG INTERVIEWER-ASSISTED DEPRESSION RATING SCALE

	Seldom or never	Some of the time	Good part of the time	Most of the time	Score
1. I feel down-hearted and blue	(1)	(2)	(3)	(4)	
2. I have trouble sleeping at night	(1)	(2)	(3)	(4)	
3. Morning is when I feel best	(4)	(3)	(2)	(1)	
4. I can eat as much as I used to	(4)	(3)	(2)	(1)	
5. I get tired for no reason	(1)	(2)	(3)	(4)	
6. I find it difficult to make decisions	(1)	(2)	(3)	(4)	
7. I feel hopeful about the future	(4)	(3)	(2)	(1)	
8. I feel that I am useful and needed	(4)	(3)	(2)	(1)	
9. My life is somewhat empty	(1)	(2)	(3)	(4)	
10. I still enjoy the things I used to do	(4)	(3)	(2)	(1)	

Short Zung I.D.S. Index = Total/40 x 100

Depression = >70
Score one response only for each question