

## USING LANTUS SOLOSTAR PEN

# A QUICK REFERENCE GUIDE

Lantus® SoloSTAR® and Apidra® SoloSTAR® Pens

# EASY TO USE<sup>1,2</sup>, EASY TO INJECT<sup>1,2</sup>

## LEARN HOW TO GET STARTED

These instructions are supplied as a guide only. Read the full instruction leaflet accompanying the pen before you use Lantus® SoloSTAR® or Apidra® SoloSTAR® for the first time. To help ensure an accurate dose each time, follow all steps in the leaflet. Otherwise, you will get too much or too little insulin, which can affect your blood sugar levels. If you have any questions, ask your healthcare professional or call the 24-hour support line shown below.

## ★ PREPARE FOR AN INJECTION

Before beginning, check the label on the insulin pen to ensure you are using the correct insulin.



Lantus® SoloSTAR® is grey and has a flat, smooth button, and contains a long-lasting insulin, Lantus®.

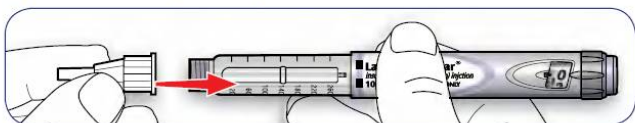


Apidra® SoloSTAR® is blue and has a raised, textured button, and contains a rapid-acting insulin, Apidra®.

The following steps provide instructions that apply to both pens. The following illustrations show the Lantus® SoloSTAR® pen.

## ★ 2 ATTACH A NEW NEEDLE

Keep the needle straight as you attach it. Lantus® SoloSTAR® and Apidra® SoloSTAR® pens use push-on or screw-on needles.



## ★ 3 PERFORM A SAFETY TEST

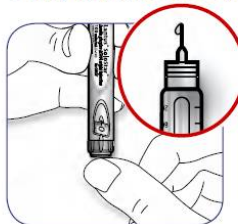
This removes air bubbles and ensures that the pen and needle are working properly. Select a dose of 2 units. **Always perform the safety test before each injection.**



Take off the outer needle cap and keep it to remove the used needle after your injection. Then take off the inner needle cap and discard it.

Visit [www.lantusconnection.com](http://www.lantusconnection.com) to join a free support program designed to help you manage your blood sugar with Lantus®.

Hold the pen with the needle pointing upward. Tap the reservoir gently so any air bubbles rise up to the needle.



Press the injection button all the way in. Check if insulin comes out of the needle. If insulin does not come out, check for air bubbles and repeat the test 2 more times to remove them. If no insulin comes out after the third time, try again with a new needle.

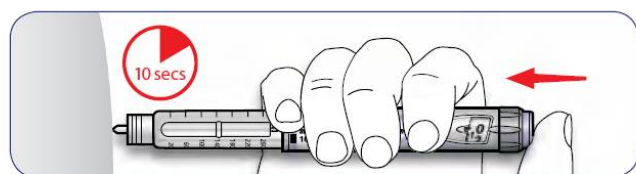
## ★ 4 SELECT YOUR DOSE

Be sure the dose window shows "0" following the safety test. Select your required dose. If you need a dose larger than 80 units, use 2 or more injections. (This example shows 30 units.)



## ★ 5 INJECT YOUR DOSE

Using the method your healthcare professional showed you, insert the needle into the skin in either your upper arm, abdomen (stomach area), or thigh (upper leg). Press the injection button in all the way. Hold the button in that position, **slowly count to 10, then withdraw the needle.**



## ★ 6 REMOVE THE NEEDLE

Always remove the needle after each injection. Put the outer needle cap back on the needle and use it to unscrew the needle from the pen. Dispose of the needle safely, as instructed by your healthcare provider (eg, in a sharps container). Put the cap on the pen.

**If you can't dial to the dose you want, check if you have enough insulin in the reservoir.**

**If you have any other problems with the pen, first try changing the needle and repeating the safety test.**

**Each Lantus® SoloSTAR® and Apidra® SoloSTAR® pen is for use by one person only.**

*Please see Important Safety Information for Lantus® and Apidra® on pages 2-3. Please click here for full prescribing information for Lantus® and click here for full prescribing information for Apidra®.*