



Referral to a Lifestyle Modification Program

MBS Item Claiming Criteria

MBS Item	 When to Claim/Refer	 When Not to Claim/Refer
Time-based Health Assessment - Diabetes Risk Review	Can only claim once every 3 years for patients aged 40-49 years of age and identified as high risk (score of 12 or more) as per the Australian Diabetes Risk Assessment Tool (AUSDRISK).	Cannot claim if a previous diabetes risk review (was item 713) or 45-49 year health assessment (was item 717) has been conducted in the last 3 years.
Time-based Health Assessment - 45-49 Year Health Assessment	Can only claim once every 3 years for patients aged 45-49 years of age. Can claim if previous diabetes risk review (was item 713) has been conducted as long as the health assessment is in relation to the risk of developing <u>other chronic illnesses</u> .	Cannot claim if a previous 45-49 year health assessment (was item 717) has been conducted in the last 3 years.
Aboriginal and Torres Strait Islander Peoples Health Assessment – Adult Health Assessment	Can claim once every 9 months for Aboriginal and Torres Strait Islander patients aged 15-54 years of age.	Cannot claim if a previous Aboriginal and Torres Strait Islander Adult Health Assessment (was item 710) has been conducted in the last 9 months.
Level B (item 23) or C (item 36) Consultation	Can only refer to an LMP through a Level B (item 23) or C (item 36) Consultation: <ul style="list-style-type: none"> ▪ If a patient has had a previous 45-49 year health assessment (previously 717) in the past 3 years, and <u>progresses to high risk</u> (AUSDRISK score of 12 or more) of developing diabetes within the 3 years ▪ As part of a follow-up consultation from a diabetes risk review, 45-49 year health assessment or Aboriginal and Torres Strait Islander adult health assessment 	Cannot refer to an LMP directly from a Level B (item 23) or C (item 36) Consultation unless either of the criteria to the left is met.