

# Lifestyle Modification Program



## *Latest News* - Number 2

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Contact Noel: [noel@nevdgp.org.au](mailto:noel@nevdgp.org.au) or phone 9496 4333

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### **The program hots up**

A campaign, including TV advertisements, Radio Community Service Announcements and Print Media for the program has begun, including a website at: [www.newleaseoflife.com.au](http://www.newleaseoflife.com.au). The television commercials will be aired on the NINE Network (from 11 July – 1 August) in metro areas and the WIN Network (from 28 June – 1 August). Radio advertisements will be aired in Melbourne on 3AW.

### **USDRISK Assessment Tool extra copies available**

The division has received a new shipment on the Risk Assessment Tool. These have the new score of 12. Although mentioning the 40-49 year age group they can still be used for the over 50s Life program which now officially has the score of 12. Contact Noel at [noel@nevdgp.org.au](mailto:noel@nevdgp.org.au) if you want additional supplies – limit of 250 per practice.

### **Ausdiab risk score is now 12 not 15, including Life program**

Most of you know this by now, so this makes it easier to find more patients at risk.

### **Referral process – use the 1 form!**

You can use the one MD referral form (or paper form) for both the Commonwealth program (40-49 year olds) or for the state Life program (50+). **You can fax directly to our LMP facilitators:**

- Kim Welch - 8678 3032
- Nillumbik Community Health - 9431 0339.

There is no need to refer via Diabetes Australia-Vic for the Life program. The LMP sessions can have a mixture of patients from both programs.

### **Division assistance**

1. **Help to contact patients** – the division will employ Kim Welch to come to your practice and use CAT or MD to find “at risk” patients and telephone them to explain the program and where appropriate, make an appointment. Contact Kim on 0413 388 783
2. **Help with mailouts** – using the PEN CAT or MD you can find patients “at risk” of developing diabetes. There are 2 cheatsheets for this and a MD recall letter on the [LMP section](#) of our website. The division will pay up to \$250 to assist in mailout costs.
3. **Practice visits** – Noel and/or Kim can give a 15-20 minute lunchtime briefing of the program.
4. **Waiting room posters, wallet cards and brochures available**

### **Monthly prize**

Congratulations to Greensborough Road Surgery for winning the prize for the most referrals in both May and June, just pipping Doctors of Northcote and Wingrove Medical Centre. The Practice Manager will decide who goes!!