



Identifying patients at risk of type 2 diabetes using Medical Director

- 40-49 year olds (Commonwealth Program)
- 50+ year olds (Life Program - Diabetes Australia - Vic)

Eligible patients can be referred to a Lifestyle Modification Program

To be eligible for the program, patients must:

- Be 50 years or above (Diabetes Australia – Vic Life Program)
OR 40-49 (Commonwealth Referral to LMP, item 701, 703, 705 or 707)
- Score 12 or more on the diabetes risk test
- Have diabetes excluded

You may wish to identify patients at risk of type 2 diabetes using Medical Director. Practice staff can then send a mail merge letter to each patient identified, and encourage them to complete the diabetes risk test.

Medical Director Instructions

1. Open Medical Director and close any patient record (if necessary).
2. From the **Search** menu select **Patient...**
3. Select your age range (this will vary depending on your target group), e.g.
 - Start age: 40
 - End age: 49
4. Click on the **Condition** radio button:
 - Click on the **NOT** button and type in DIABETES and click on **Add to search criteria**
 - Delete DIABETES and type in HYPERTENSION and click on **Add to search criteria**
5. Click on the **Currently taking drug from class** radio button.
 - Click on the **NOT** button and type in ANTIDIABETIC AGENTS and click on **Add to search criteria**

6. Check that your search criteria matches the screen shot above: All patients aged between 40 and 49 not having Diabetes having Hypertension not using Antidiabetic Agents
7. Now click on the **Search** button – a list of patients fitting that criteria will appear and from that list you can **Print** and/or **Mail merge** the list with a recall letter – a mail merge recall letter is available from the NEVDGP website at: <http://www.nevdgp.org.au/?content=27>