



HEALTH ASSESSMENT COMPREHENSIVE MEDICAL ASSESSMENT

ITEM NUMBERS 701 (<30 mins), 703 (30-45 mins), 705 (45-60 mins), 707 (>60 mins)

Steps for the GP

1. **Identify resident requiring CMA (now time based Health Assessment)**
 - a) **New admissions** (all may have a CMA - but beware new residents transferred from another aged care home – if they have had a CMA claimed within the last 12 months you cannot claim another)
 - b) **Current resident** (only one CMA to be claimed within 12 months where it is required in the opinion of the resident's GP or because of a significant change in resident's condition.)
2. **Obtain consent to CMA from resident or relative** (Consent may be verbal and should be documented, or use NEVDGP Consent Form for resident or relative to read and sign. Consent Form can be accessed at: www.nevdgp.org.au)
3. **Discuss the CMA with the aged care home (ACH)** so that they can share information they collect with you.
Information that is helpful includes:
 - NOK, MEPOA (Medical Enduring Power of Attorney)
 - Advanced Care Plan
 - Special reports: eg Optometry, Audiology
 - **Care Plan**
 - **Assessment Charts – e.g. Pain chart, Bowel chart, continence chart**
 - **Clinical information that you may need to ask the aged care home to collect - Height & weight for BMI, Urinalysis**
4. Progress Notes

Note: The **General Practice Nurse** employed by the GP may assist with information collection

5. **Perform CMA:** you may need more than one visit to complete the CMA. **As the CMA is now a time based health assessment, you need to record your time taken to complete the CMA as well as any nurse time.** Templates for recording the CMA are available on Medical Director software or from North East Valley Division of General Practice www.nevdgp.org.au
6. **Claiming Item 701, 703, 705 or 707:** only claim once the full CMA is completed. Try & claim on a date when no other items are claimed for that resident.
7. **The completed CMA or a copy must remain in the ACH resident notes. Discuss with the ACH how it will be stored. The CMA can be used**
 - As referral / trigger for other MBS items
 - i. RMMR (resident medication management review)
 - ii. Case conference
 - iii. Contribution to care plan
 - For referral to other health professionals
 - To provide information to locum doctor
 - Use as summary if patient transferred to hospital or other facility
 - As a quick reference in the GP practice.
7. **Recall:** ensure a recall for the next CMA is 12 months time is recorded.

Further information on CMAs is also available at the Department of Health and Ageing (DoHA) website:

http://www.health.gov.au/internet/main/publishing.nsf/Content/mbsprimarycare_mb_sitem_cma